

MARCH 2024 Lunch

Served at each meal a minimum of:
 8 oz. 1% or Skim milk
 2 oz. Meat
 1/2 C Vegetable
 1/2 C Fruit
 2 Servings whole grain or enriched bread

3/4/2024	3/5/2024	3/6/2024	3/7/2024	3/8/2024
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Parmesan	Salisbury Steak	Rib A Que	Crab Cake	Chicken & Dumplings
Pasta	Mashed Potato	Rice	Roasted Potatoes	Mixed Veggies
Green Bean	Carrots	Mixed Veggies	Peas	Peaches
Orange	Applesauce	Pears	Fresh Fruit	
3/11/2024	1/12/2024	1/13/2024	1/14/2024	1/15/2024
Monday	Tuesday	Wednesday	Thursday	Friday
Baked Ham	Salisbury Steak	Stuffed Peppers	Chicken Croquette	Chili
Whipped Sweet Potato	Roasted Potatoes	Brown Rice	Whipped Potatoes	Brown Rice
Brussel Sprouts	Succotash	Apple Crisp	Carrots	Santé Fe Veggie Blend
Fruit Cocktail	Diced Pineapple		Apple	Banana
3/18/2024	1/19/2024	1/20/2024	1/11/2024	1/22/2024
Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & Sour Meatballs	Pork Marsala	Turkey Pot Pie	Chicken Taco Salad2	Mac & Cheese
Brown Rice	Mashed Potatoes	Mixed Veggies	Mandarin Oranges	Stewed Tomatoes
Green Beans	Broccoli	Berry Crisp		Broccoli
Applesauce	Fresh Fruit			Pear
3/25/2024	1/26/2024	1/27/2024	1/28/2024	1/29/2024
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Breast	Hamburge	Fish Sticks	Veal	Pork Chop
Brown Rice	Roasted Potatoes	Rice	Pasta	Mashed Potato
Peppers & Onions	Broccoli	Green Beans	Asparagus	Sauerkraut
Fresh Fruit	Tropical Fruit	Pineapples	Fruit Cocktail	Applesauce